

Client Profile

Please Note: No prior experience with horses is needed. You need to dress appropriately for an outdoor session, with flat, comfortable closed in shoes or boots. Our practice is an outdoors based practice and as such is dependent on weather conditions.

* Please be as brief, or as elaborate as you like in answering the below questions. Your answers will assist us in providing you with the best experience.

- 1. Name:
- 2. Address:

City/Suburb:

Postcode:

- 3. Phone:
- 4. Email:
- 5. Are you with NDIS?
- 6. NDIS Participant Number:

Self/Plan or Agency Managed:

Plan Manager Name (if plan managed):

- 7. Date of Birth:
- 8. Gender:
- 9. Relationship Status:

- 10. Profession (Job/Work/ in School):
- 11. Previous counselling EAL/EAP Experience:
- 12. What do you do during a normal day?
- 13. What brings you to Horses Who Heal? Please list any medical conditions/diagnoses
- 14. Have you had any previous experience with horses?
- 15. What do you want to be different in your life?
- 16. What are your current challenges?
- 17. What do you consider to be your greatest strengths?
- 18. How do you support, strengthen and nurture yourself?
- 19. Do you know your preferred style of learning? (tactile / auditory etc)

21. What do you believe to be your most important values? Do you believe your life currently reflects these values?

22. How do you respond when you are in a really challenging situation?

23. What do you want to focus on in our Equine Assisted sessions?

24. What are your current top 5 goals, either short or long term?

25. What are your top 5 challenges at the moment?

26. Is there anything else you would like to say?

27. How did you find us?

After completing this form, please send it to:

sebastiaan@horseswhoheal.com